



Rig

TG0510

Inspired by the indoor scene, our Rig offers multiple workouts to public users and instructors alike.

Specification

1. 100% Made in Britain
2. Certified to EN16630. All TGO outdoor gym equipment is free from exposed end stops, entrapments, sharp edges and crush points.

ALWAYS ASK FOR EN16630 FOR OUTDOOR GYMS

3. Weatherproof
4. Low maintenance
5. Designs include key elements of Inclusive Fitness Initiative guidelines
6. TGO plant a tree in the NHS Forest for every piece of equipment sold
7. Anti vandal fixings
8. Available in all major RAL colours
9. Paint UV stabilised
10. Welds certified to EN15015614
11. Powder coated finish

Guarantees

25 years steel work
2 years bearings
5 years paint

Snake Leg
Useful for attaching resistance bands. These are great for shoulder prehab exercises which are essential for strengthening the shoulder girdle. Internal rotation, external rotation, I's, T's & Y's are all great exercises for anyone who plays racket sports or who's sport involves a lot of overhead throwing, striking or lifting.

Monkey Bars
Multiple exercise options to train grip strength, forearms, lats and core.

Dip Station
Beginner/Intermediate/Advanced - dips are a great exercise for the chest, shoulders and triceps.

Multi-Grip Chin Up Bars
This is excellent for building strength in the lats and biceps.



Leg Raise
A great exercise for the core and abdominal muscle groups.

Plyometric Platform
Plyometric training is used in many sports to develop speed and power. This platforms can be used to jump up on to or down from.



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Installation

This product is installed 550mm directly into the ground. Please refer to the diagram opposite for safety spacing.

Safety

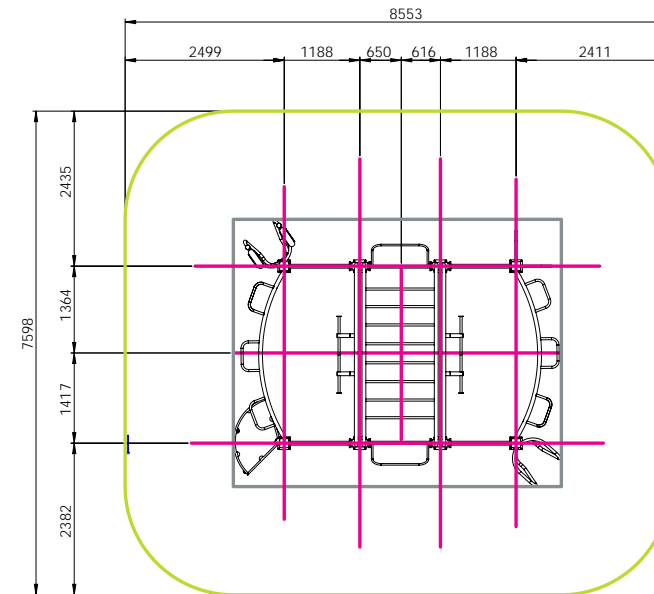
This product requires 1.7 of clear space around the equipment (green outline).

- Falling height: 1.77m
- Clear Space: 58.25m²

Parts List : DELIVERY WILL BE PALLETISED

2 x Pallets	Dimensions	Weight	Qty
Various rig components	L3100 x W2000 x H1500	2000kg	1
Various rig components	L2400 x W1200 x H1500	500kg	1

Clear Space Required Recommended Surfacing Base Plate & Centre Lines
(25mm tolerance added in each direction)



EN
16630



25 YEAR
WARRANTY

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BRITAIN